

I can
You can
We can
sefton.ldpb.info

Partnership

Issue 24
Winter 2010



Another year is coming to an end.

And a brand new one is about to start.

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All the people who work with your Learning Disabilities Partnership Board want to make things happen that will make life better.

We will promise to keep trying to do this.



We want to say 'Happy Christmas' to everyone you reads the newsletter.

We hope you find it useful and interesting. The next newsletter is out in the spring.

Happy new year!!

Bye for now



Michelle





CONTACT DETAILS
Ring me on
0151 934 3193



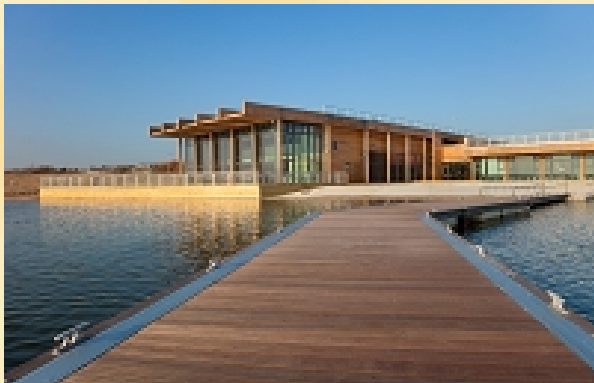
You can write to me.
You do not need a stamp.
My address is

SALDD
7th Floor Merton House
FREEPOST LV7340
Bootle
L20 1YX



You can e-mail me at
SALDD@sefton.gov.uk

Positive Futures for Adults



Get on board for water sports at Crosby Lakeside Adventure Centre.

Adults from local Sefton day centres have been paddling to better health and enjoyment at Crosby Lakeside Adventure Centre.



The participants have been attending sessions that include a range of paddle sports including, dragon boating, canoeing, bell boating and raft building.

The organiser and instructor Kevin Leavitt works for Positive Futures.



He said "the sessions run weekly and for both Dunningbridge and Brooklea day centres and include adults of different abilities and ages.



We change the activities and adapt the sessions to what the group wants whilst allowing people to enjoy it and achieve new skills. ."

Positive Futures for Adults



Over the past months it has been great to see people growing in ability and confidence when out on the water. I look forward to continued work with these and other groups in the future

If you would like to find out more about disabled activities at Crosby Lakeside Adventure Centre please contact Kevin Leavitt at

kevin.leavitt@sefton.gov.uk

or call on 0151 966 6868



Goddard Hall



There are opportunities for people to be involved in voluntary employment opportunities at Goddard Hall in Bootle.



The company that runs Goddard Hall - First Initiatives has used money it has been given to pay for a training and support mentor. The mentor and volunteers will be supporting 10 people to work in the café.



The mentor will support and train people to work in the kitchen and café.

Are you interested in working in the kitchen preparing and cooking the food?



Or maybe you are more interested in the café area. Here you will be serving customers and cleaning the tables and café area.

If you want more information or you think you would like to try this then get in touch with Goddard Hall on 0151 933 9026.



You can also e-mail them on goddardhall@firstinitiatives.org

Bowersdale



The Bowersdale Centre is in Seaforth. It has many different activities that you can take part in through the week. You can pay to go along and take part in as many sessions as you want in the week. You can use your direct payments.



The Centre has a woodwork section that has been making rabbit hutches. The hutches that can be bought in the shops are quiet small. The centre can build all kinds of hutches to a design that suits your needs.



People who make the hutches have disabilities and are supported and taught skills by staff at the centre.



The hutch being made here is for a rabbit and the men who made it delivered it to the house.

They got to meet the owner of the hutch Sophie the Rabbit.



Get in touch with Bowersdale on 0151 474 8877

Or email enquiries@expect-excellence.co.uk

Bridge Inn Farm



Bridge Inn farm in Formby offers people the chance to be involved in developing the farm. People who come pay for a day or a few hours to learn and be involved. They can get a qualifications and hands on experience. People work in the kitchen, in the workshop and out on the land looking after animals and crops.



The farm also helps the RSPB who are a charity that protect birds.

They keep a record of all the wild birds they have seen on the farm.

They will also be looking after bee hives. This is to help protect and increase the number of bees.



People who come to the farm do different jobs on the farm. They do what they enjoy doing.



Bridge Inn Farm



There is lots of work to be done on the farm. In this picture the bark is being moved to make paths.

The paths move all over the farm to all the different parts like the vegetable garden, the polly tunnels and the chicken coups.



The farm also makes their own animal houses for birds, insects and hedgehogs.

You can visit the farm anytime to see what happens there and buy anything for sale.



The farm is now selling Christmas trees, wreaths and other decorations.

All the people who come to Bridge Inn farm will be involved in selling Christmas products and also making tea or coffee and mince pies for visitors.

If you want to find out more or find out what time they are open ring them on 01704 830303 or e-mail -

bridgeinnfarm@talktalk.net



Christmas Crossword Fun

Put the words in the right box

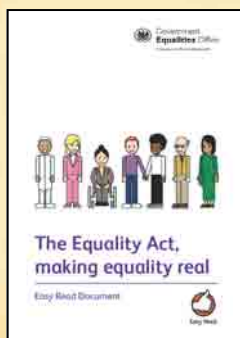
C	H	R	I	S	T	M	A	S	
									
									
									
									
									
									
									
									

CHRISTMAS ✓	ELVES
HOLLY	PRESENTS
REINDEER	RUDOLPH
SANTA	STAR
TREE	TWINKLE

Single Equalities Law



The Equality Act, making equality real



This is the Government's new law to make sure all people are treated fairly. The Act became law when Parliament agreed it was right. This was in August 2010.

The Equality Act helps many of the different groups of people in England, Scotland and Wales who sometimes get treated unfairly.

- Women and men.
- People of different races.
- Disabled people.
- People with different religions or beliefs or with no religion or belief.
- People of different ages.
- Lesbian, gay and bisexual and straight people.
- People who have changed their sex.

The Equality Act and the many other kinds of equality work the Government is doing will make Britain a more fair and equal place for everyone.

Have a look at the easy read guide on our website in the Government papers section. The website is <http://sefton.ldpb.info>

Community Service Station

Opening in Early 2011 - see website for more details




Community Service Station

➔ Your Route to Independent Living

www.southportcss.org.uk



Do you need help and advice that will improve your quality of life?

 **If yes**



Visit the Community Service Station where you have access to:

- Welfare and Housing Benefit Advice
- Direct Payments Support Services
- Occupational Therapist Assessment
- Training & Support to help you get back to work
- Shopmobility - Wheelchair & Scooter Hire
- Showrooms demonstrating bathing, kitchen, bedroom & lounge equipment



**Come along
& meet our friendly team!**

Find us on the corner of Scarisbrick Avenue & West Street!

Growing Business



The Growing Business is a training and supported working garden centre on Rotten Row in Southport.

All the people who work here are getting qualifications and work experience to get ready to get a job.

At Christmas they open to sell Christmas trees and hand made wreaths to the public.

They can deliver the trees anywhere in Sefton.

The trees start at £18.00 up to £45.00 for a 7- 8 foot tree.

The hand made wreaths start at £10.

They will also be selling winter basket and hyacinth bulbs.

Over Christmas the Growing Business is open 6 days a week.



If you want any more information or want to find out more about what the project is doing at other times of the year please ring 01704 550 638

Congratulations!!



Congratulations to David Morley and his new fiancée Karen Roberts who got engaged in September 2010.



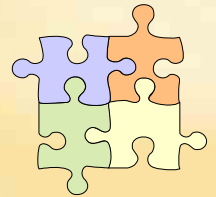
The couple who have been together 2 years.

We wish them a very happy future together.



I would like to receive a questionnaire to help make services better. Once I send this back, I would like to get future newsletters sent to me.

Sefton's
Adults with
Learning
Disabilities
Database



	<p>My name is</p>	
	<p>My address is</p>	
	<p>I go to day centre or college/school</p>	
	<p>Today's date</p>	

Please fill this form in, cut it out and send in an envelope to the FREEPOST address on the front page **YOU DO NOT NEED A STAMP**